

Happy New Year!

Contributed by Amy
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As with everything, 2008 came roaring in like a freight train. It seems that the older we get, the faster time flies. And the busier we become, the more we lose track of time. All I wanted for Christmas was a way to stop time, like in the movie "Click", a remote to press pause. I could get so much more done that way. Or even just to take a long soak in the tub, with the warm water seeping into my pores and cleansing my body of the long tiring stressful day.

But alas, that is not how the world works. We are supposed to be running around like crazy rats, with no time to enjoy life and a to do list longer than we would possibly know how to get it accomplished. But that's just the point. That's life! And here we are...another year!

This year I am going to learn something! I am going to learn to enjoy life no matter how busy it is. I am going to learn to take time for me and I going to take time to stop and smell the roses, no matter how long my to do list is and how much I still haven't accomplished.

What are you planning to change this year?